



HAVE
IMPROVED
EMOTIONAL
HEALTH AND
WELLBEING

DELIVERED
5117
SESSIONS



55%



ARE DEALING WITH
THEIR PROBLEMS BETTER

“ The **biggest positive change** LWS has made to my life is that **I am able to attend a day centre** where I can have a shower weekly. I have **increased in confidence** and able to **make my own choices** and have control of my affairs. ”




ARE FEELING
MORE OPTIMISTIC

10
VOLUNTEERS
GAINED
PAID EMPLOYMENT

53% 
ARE FEELING
MORE RELAXED

“ **Very grateful** for all information received. This **empowered me** to revisit my GP to **request the support necessary**, gave me the **confidence to address and resolve** my issues at work and has **helped me** to devise a plan for the future. ”


83% ARE GETTING
MORE OUT OF LIFE